

AUGUST 2017

Monday	Tuesday	Wednesday	Thursday	Friday
8-9:30 Breakfast Basics 8-9 SilverSneakers 8:30-4 Card Playing 9-10 SilverSneakers 9-4:30 Billiards 9-10 Sing A Long 10-11 Tutoring 1:15-3:15 Bridge 2:30-3:30 Beg Line Dancing	9-4:30 Billiards 9-10 Enhance Fitness 10-11:30 Brain Game Day 10-12 Photo Video Club 10:15-11:15 Stretch4Life 10:30-12 Bible Study 10:15-11:45 Gents & Ladies 10:30-1:30 Piano Lessons 1-2:30 BDOMLSF 1-2:30 The Next Chapter 2-4:00 Member Computer Time	8-9:30 Breakfast Basics 8-9 SilverSneakers 8:30-4 Card Playing 8:30 Massage Therapy 9-10 SilverSneakers 9-12 Painting w/ Jim 9-4:30 Billiards 10-11:30 Brain Health 1-3 Movie Time 1 & 5:30 Pottery Class 1-3 Sewing Class 12:15-2:15 Knit & Crochet 1-3 Sr. Environ Corps. 1-2:30 French Class 2:30-4:30 Rubberstamping Club 5-7:30 Sunset Yoga	8:30-4 Card Playing 9-4:30 Dominoes & Games 9-4:30 Billiards 9:30-11 Computer Club 10-12 Knit & Crochet 10:15-11:15 Stretch4Life 10:30-12:45 Piano Lessons 1-2:30 Spanish Class 1-2:30 Line Dance 2-4:00 Member Computer Time	8-9:30 Breakfast Basics 8-9 SilverSneakers 8:30-4 Card Playing 8:30-4:30 Massage Therapy 9-10 SilverSneakers 9-12 Painting w/ Jim 9-4:30 Billiards 9:15-1 Piano Lessons 10-11:30 Brain Games 9:30-11:30 Men's Gathering 10:15-11:30 Yoga 1-2:30 Sewing Class
	1	2	3	4
7	8	9	10	11 National Book Lovers Day! 1:00
14	15 Tanger Outlet Trip 9:00	16 Laughter Lunch 12:00	17	18
21	22	23	24	25
28 Ladore Lodge Trip	29 Ladore Lodge Trip	30 Ladore Lodge Trip	31 Ladore Lodge Trip	