

# NOVEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
8-9:30 Breakfast Basics 8-9 Silver Sneakers 8:30-4 Card Playing 9-10 SilverSneakers 9-4:30 Billiards 9-10 Sing A Long 10-12 As the Center Turns 10-11:30 Brain Games 12:30-1:30 Strecth 4 Lfe 12:45-2:15 Line Dancing 1:15-3:15 Bridge 1:30-3:00 Line Dancing 3:00-4:00 Beginners Line Dance	9-4:30 Billiards 9-10 Enhance Fitness 10-11:30 Brain Games 10:30-12 Bible Study 9:00-12:00 Piano Lessons 1-2:00 The Next Chapter 1-2:30 BDOMLSF 2-4:00 Member Computer Time	8-9:30 Breakfast Basics 8-9 SilverSneakers 8:30-4 Card Playing 8:30 Massage Therapy 9-10 SilverSneakers 9-4:30 Billiards 10-11 Jewerly Making 10-11:30 Brain Games 10-12 Songsters Unlimited 12:30-2:30 APPRISE 1:00 & 5:30 Pottery Class 1-32:30Sewing Class 2:30-4:30 Rubberstamping Club	8:30-4 Card Playing 9-10 Enhance Fitness 9-4:30 Billiards 9:30-11 Computer Club 9-12 Piano Lessons 10-11:30 Brain Health Workshop 10-11:30 Brain Games 10-12 Knit & Crochet 10:15-11:15 Stretch4Life 10:45-12 Poetry & Disscusion 1-2:30 Spanish Class 1-2:30: Line Dance 1-3 Senior Environment 2:00-3:30 Spanish 2:30-3:30 Adult Coloring 2-4:00 Member Computer Time	8-9:30 Breakfast Basics 8-9 SilverSneakers 8:30-4 Card Playing 8:30-4:30 Massage Therapy 9-10 SilverSneakers 9-12 Painting w/ Jim 9-4:30 Billiards 10-11:30 BrainGames 9:30-11:30 Men's Gathering 10:15-11:30 Yoga 1-2:30 Sewing Class
		1	2	3
6	7 1:00 Mahjong	8 Advisory Council Bake Sale	9	10 Veterans Celebration Breakfast
13	14 10am Holiday "Survival" Workshop #1	15	16 10-11a Chestnut Hill Hospital Presents: Stop Suffering—Managing Fibroids	17
20	21 11:00 Thanksgiving Luncheon	22	23 Thanksgiving CIP Closed	24 Black Friday CIP Closed
27 10:00 What's the deal about online Shopping?  1:00 African American Journeys	28 Giving Tuesday  Thank you for your support!	29	30	